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January 6, 2022

On Tuesday evening, the NYSDOH released Interim Updated Isolation and Quarantine Guidance. The Cayuga County Health Department adopted the interim guidance on Wednesday, January 5, 2022.

The isolation and quarantine information below applies to the general population. This is interpreted to mean employees and students in a school setting.

## Isolation (Positive Test for COVID-19)

The isolation period is five days, with "DAY 0" being the day of collection resulting in a positive test for COVID-19. "DAY 1" starts the next day. Home test kits may be used for confirmation of a positive provided that the required information (name, photo of positive test result, date of birth, date of test, phone number to contact) is emailed to both the Cayuga County Health Department at covidtest@cayugacounty.us and the appropriate building nurse. An individual may return to the school setting on "DAY 6" if the individual is asymptomatic or has mild symptoms. If asymptomatic after day five, or if symptoms are resolving, isolation ends.

Elementary School – Ms. Paige Becker pbecker@moraviaschool.org Middle/High School – Mrs. Jerrica Schillawski jschillawski@moraviaschool.org

## **Return to School Procedure**

The individual should mask while around others for an additional five days. Masks must be surgical and will be provided by the school nurse for students returning from isolation.

Failure to comply will result in the additional five days of isolation.

## **Quarantine (Exposure to COVID-19)**

If not vaccinated at all AND not being boosted (even though an individual may have received 2 shots of the Pfizer/Moderna vaccine or 1 shot of the Johnson & Johnson vaccine) an individual will need to quarantine for five days, with "DAY 0" being the last date of exposure. The individual should mask while around others for an additional five days upon returning to school.

Fully vaccinated and boosted, or not yet eligible for a booster, no quarantine is required. Mask while around others for ten days after the last date of exposure.

Individuals in quarantine should, but are not required, to test at day five with either a NAAT (e.g., PCR) or antigen test. If symptoms appear, the individual should quarantine and seek testing.